

Relay Leg 1 Cathedral (Lakeview and Centennial Trails) 29 km/18 miles

Lakeview Trail 12 km

120 Mile race and relay start at Lakeview. Lakeview is a steep trail that leads up to Cathedral Lakes Lodge area. Signage includes Lakeview Trail posts, km markers and diamond-shaped orange reflectors. There are four times when the trail intersects the dirt road but there is very little vehicle traffic on this private road.

Trailhead (Ashnola River Road)

Take Hwy #3 to Keremeos (from Hope, take turnoff to Princeton or take Hwy#3 from Penticton). Near Keremeos, from Hwy #3, turn onto Ashnola River Road at the Cathedral Lakes Lodge sign. Watch for deer, horses and cattle on the road. The road starts out paved and becomes hard packed and gravel. Some washboard.

- Follow the road about 24 km from the turnoff, go past the Cathedral Lakes Lodge parking.
- Look for signpost for Lakeview Creek Trailhead Campground.
- Parking area, outdoor bathrooms at Ashnola River.



Lakeview Trail

- Cross bridge over Ashnola River.
- Start climb.



- First road crossing. At the dirt road, turn right and then immediately left (↶) at the Lakeview signpost to get onto the trail again.
- Reach 1 km marker.
- Second road crossing. Cross dirt road and follow Lakeview signpost.
- Third road intersection. At this road intersection, turn RIGHT (↷) onto the road (do NOT take Lakeview Trail because it may be washed out in sections). There may be small wooden arrow pointing up the road. Stay on road until fourth road intersection.
- Pass by Noisy Creek.
- Fourth road intersection. From the road, take right turn (↷) at next signpost back onto Lakeview. This is the last time you use the road.
- At Lakeview sign, turn right (↷) and head up hill.
- Reach ridge which is open, covered in low shrubs. Mountain views.



- Trail goes back into trees again, becomes undulating.
- After 7 km marker, find trail straight ahead.



- Boggy patch through shallow water.

- At a campsite, keep RIGHT (↻). Watch for orange diamond markers.
- Scout Mountain comes into view on your right. Shale covered, no trees visible on it from meadow.
- Reach sign for Diamond and Lakeview, follow Lakeview on the left.
- Reach sign for Scout Lake, Diamond and Lakeview, keep left (↻) on Lakeview (do not turn right).
- Reach intersection of Centennial (lodge is straight ahead). Turn **RIGHT** onto Centennial. (See photo.)



- Aid Station here.

Typical Time Range

Lakeview

1:57-3:05

Centennial Trail to Ashnola River Road 17 km

This part of Centennial starts at Lakeview turnoff. Follow signage and cairns.

Lakeview Trail at Centennial (Aid Stn)



- Turn **RIGHT** onto Centennial. (↶)

Centennial Trail

- Start climb. On your left, you can see mountains (maybe mountain goats).
- Reach sign at a fork, keep left to take Rim Trail and Centennial Trail.



- Trail is open and exposed.
- Reach another sign for Rim Trail and Centennial Trail, follow **Centennial Trail** (straight ahead).
- Keep **STRAIGHT** on Centennial (do NOT take Diamond Trail). Trail will not be obvious here. (↷)



- FOLLOW CAIRNS and pink stakes.



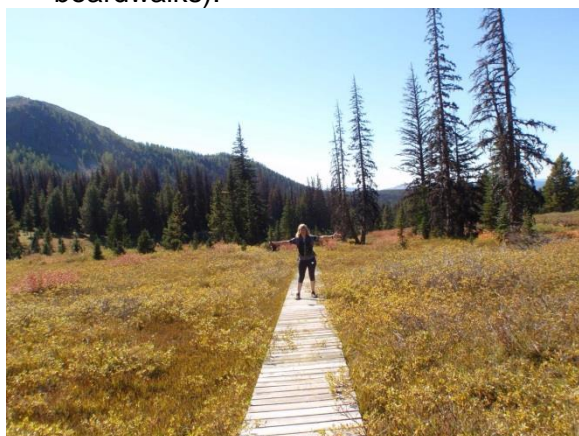
- Start descent.
- Cross a creek, take fork on the **RIGHT** following cairns. (↷)



- Reach old sign indicating Centennial Trail and Wall Creek Trail, take **LEFT** fork. See photo below. (📍)



- Go through meadows (some boardwalks).



- Reach small sign for Wall Creek.
- Switchbacks start downhill.

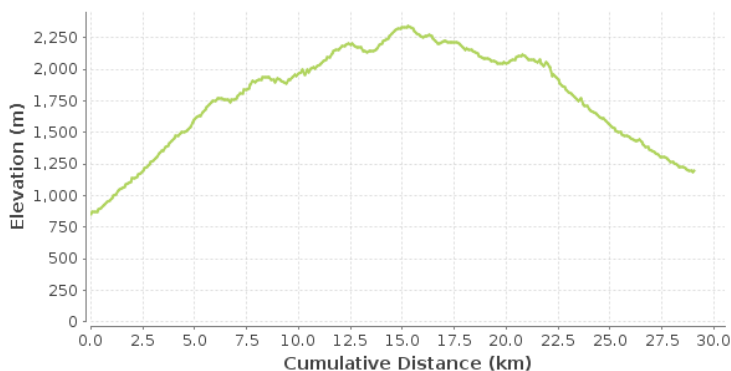


- Reach signage on your left side indicating Centennial Trail and Quiniscoe Lake (where you just came down). Keep **RIGHT**.
- Cross bridge and you reach Ashnola River Road.
- Aid Station. Relay exchange here.

Course Information

Elevation Gain: 1973.8 m
Elevation Loss: 1631.6 m
Highest Elevation: 2338.1 m
Lowest Elevation: 849.9 m

Elevation Profile



Typical Time Range

Centennial

1:20-3:15